How to Prepare for a Video Interview as a Nanny

(A Step-by-Step Guide for Candidates Interviewing via Video Call)
Video interviews are just as important as in-person meetings. They allow families to assess your professionalism, personality, and suitability for their children. Follow this detailed guide to ensure you make a great impression.

1. Test Your Technology in Advance

✅ Ensure you have a strong internet connection—use Wi-Fi instead of mobile data if possible.
✅ Test the video platform (Zoom, Skype, Google Meet, etc.) ahead of time.
✅ Check your camera and microphone—ensure clear video and audio.
✅ Charge your device or keep it plugged in during the interview.

2. Choose a Professional, Quiet Setting

✅ Sit in a well-lit area (natural light or a lamp in front of you, not behind).
✅ Select a quiet space free from background noise (turn off TV, music, and phone notifications).
✅ Make sure the background is tidy and neutral—avoid clutter or distracting items.

3. Dress Professionally, Even for a Video Call

✅ Wear smart casual attire (just as you would for an in-person interview).
✅ Choose soft, neutral colors—avoid distracting patterns.
✅ Tie back long hair neatly and avoid heavy makeup or excessive jewelry.

4. Prepare Your Documents & Notes

✅ Keep a copy of your CV and job description nearby.
✅ Have your DBS check, first aid certificate, and references ready to discuss.
✅ Prepare a notepad and pen to jot down key points.

5. Log In Early & Check Your Setup

✅ Open the video platform at least 10 minutes before the scheduled time.
✅ Ensure the camera is at eye level for a natural, professional angle.
✅ Close any unnecessary apps or browser tabs to avoid distractions.

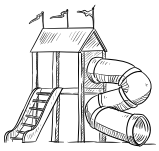
6. Greet Warmly & Maintain Good Eye Contact

✅ Smile and introduce yourself confidently.
✅ Look at the camera, not the screen, to create the effect of eye contact.
✅ Keep a relaxed, open posture and avoid fidgeting.

7. Answer Clearly & Professionally

✅ Speak clearly and at a moderate pace to ensure good audio quality.
✅ Be concise but detailed when discussing your experience and skills.
✅ Expect questions like:

"What is your childcare philosophy?"
"How do you handle discipline?"
"Can you describe a typical day in your care?"



8. Engage with the Parents & Ask Thoughtful Questions

✅ Show genuine enthusiasm by asking:

"What are your children's favorite activities?"

"What values are most important in your household?"

"Are there specific routines you'd like me to follow?"

✅ If the children are present, acknowledge them warmly and naturally.

9. End the Interview Professionally

✅ Thank the parents for their time and express your interest in the role.

✅ Let them know you're happy to provide any further information via the agency.

✅ Avoid discussing pay or contract terms unless prompted — this is usually handled by the agency.

10. Follow up with The Parent & Child Nanny Agency

✅ Contact the agency to let them know your thoughts and level of interest.

✅ Reaffirm your interest and ask about the next steps.

✅ Confirm your availability for further interviews / trial days.

The Next Steps:

1. The Parent & child Nanny Agency will provide interview feedback. This can sometimes take some time, especially if the client is meeting lots of candidates.
2. A second face to face inteview will be scheduled if you are succesful.
3. if a second interview is succesful you will be offered a paid trial day.
4. If a trial day is succesful you will be formally offered the position. The offer will usually be made in writing directly to the agency.